

CROSSROAD BASKETBALL

AAU PLAYER CONTRACT

I _____ promise to give 100% this AAU season to my coaches, teammates, and parents who have made it possible for me to participate. I know that playing for Crossroads Basketball means a lot more than just playing basketball. It means being a great listener and teammate, having a positive attitude during practices, games, and workouts, and displaying a high level of sportsmanship. It also means that I will help my teammates, root for them, and do everything in my power to be a leader. I recognize that getting an opportunity to play basketball at this level is a privilege, and I will not abuse that privilege or take it for granted. Our rules are non-negotiable when it comes to our culture. You represent us wherever you go on and off the basketball court.

Sign: _____ Date: _____

Crossroads Rules To Live By

- 1) I will always be respectful to my coaches, teammates, parents, and referees. Any player that receives a technical foul during gameplay will not only sit the rest of that game but will also have to run for it the very next practice they attend.
- 2) There will be no excessive trash talk during the games or practice. We want passionate kids; we do not want kids who make themselves and our programs look bad by trying to grandstand every five seconds or talk recklessly during play.
- 3) I will not demonstrate negative body language. I know this can and will result in me coming out of the game and sitting next to the coaching staff. Negative body language is usually a sign of mentally weak players, and typically bad teammates.
- 4) I will earn my spot on the team and my minutes. I will not complain about playing time, I will work harder to earn it. I will not talk about playing time during the game, I will wait until practice to have a respectful conversation with my coach.
- 5) I will respect ALL my teammates. We are not a program that is centered around different cliques. Who you hang out with off the court is your prerogative, but Crossroads is one family, regardless of skill level, physical appearance etc. When you get into the gym you greet your teammates.
- 6) I will thank my parents after practice and carry my own bag out of the gym. They are doing enough for you, make sure you appreciate it.
- 7) I will enjoy the process and have FUN. WE are in this together, welcome to our FAMILY.