

CROSSROAD BASKETBALL

PLAYER CONTRACT

AAU SEASON

I _____, promise to give 100% this season to my coaches, teammates, and parents that have made it possible for me to participate. I will abide by all team rules and bring a positive attitude to each practice, scrimmage, or game. I realize that it is a privilege to play basketball at this level and I will not abuse this by taking it for granted.

I understand that violation of these rules can result in lack of playing time or depending on the severity of the situation suspension.

Signature: _____

Date: _____

9 RULES TO LIVE BY DURING AND AFTER THE AAU SEASON

- 1) I understand that AAU is a **commitment**, and I will honor that commitment by attending all practices and games. If for some reason, I cannot attend a practice I will contact a coach at least a day before practice to notify them.
- 2) I will **listen** to my coaches and trust their decisions. I will not talk back or be disrespectful in any way, be that verbally, or through negative body language. I know that they are here to help me get better.
- 3) I will not complain about playing time. Instead, I will **work harder** to earn it.
- 4) I will put **100% effort** to every practice and game. By not doing this I'm not only letting my coaches and teammates down but also myself.
- 5) I will care about my teammates. I will not be a part of cliques. I understand that no matter where we play in the regular season, we're teammates for three months and that's how I will treat every member of my team.
- 6) I will not worry about how many points I score or any other statistical categories. Instead, I will concentrate on how the team does.
- 7) I will bring an open mind to practice every day. I understand that the more I learn the better I'll become.
- 8) I will be **on time** for practices and games. I realize that it's important for me to be early. If I feel I might be late I will contact one of my coaches.
- 9) I will pick my teammates up not put them down. I understand the importance of being a great teammate.